



Rhythm of the Youth-Jazz Dancing in GE Shenyang Family Day



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In line with the theme of "GE HealthAhead", GE Women's Network Northeast Hub presented a jazz dancing in the central stage. Six beautiful young ladies from different GE businesses in Shenyang performed it. After their great performance, there was a shower of cheers and applause by the entire audience...

For full story, please click [HERE](#)



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- Wendy Wang**
Sourcing Manager (NPI Leader), Aviation China

A Good Book to Share

- Three Cups of Tea: One Man's Mission to Promote Peace . . . One School at a Time**



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Northeast Hub Rhythm of the Youth-Jazz Dancing in GE Shenyang Family Day



On May 16, the first cross-business GE Shenyang Family Day was grandly held in Shenyang Xinghan Stadium, which attracted more than 500 GE employees and their family members.

In line with the theme of "GE HealthAhead", GE Women's Network Northeast Hub presented a jazz dancing in the central stage. Six beautiful young ladies from different GE businesses in Shenyang performed it. After their great performance, there was a shower of cheers and applause by the entire audience.



When the emcee asked if they were professional performers, one of the young ladies was so excited that she answered loudly: "Actually, we have never learnt jazz before and most of us didn't have dancing experience either. Jazz is a very difficult genre of dancing, especially for the new learners; we spent four weekends to learn and practice it. With constant practice and firm determination, we showed our best in front of you today. We experienced the process of turning into white swans from ugly ducks."

The performance didn't only let the ladies learn a type of dancing, but also provided new challenges to make them know more about themselves, so they began to understand that human's potential is unlimited and nothing is impossible if they tried their best.

Both the dancing and the performers' stronger will explained the theme of the family day once again - health does not only mean a strong body but also a strong heart!

This GE Shenyang Family Day provided a stage to showcase GE female employees' diverse skill and competence in dancing, and also made employees and their families better know GE and pay more attention to their health. Nearly 94% of the employees expressed their wills to participate again if any similar events will be held in the future.



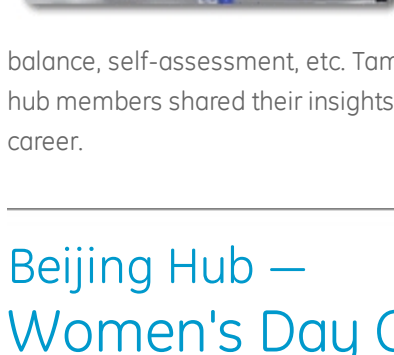


Shanghai Hub – Talk with Senior Executives - Roundtable Session with Tammy Keefer and Kathy O'Connell

On March 26, employees from GE Women's Network Shanghai Hub sat down together with Tammy Keefer, Aviation Global Chief Information Officer & Co-leader of GE Women's Network Global and Kathy O'Connell, Aviation HR Executive. As female leaders in GE, Tammy and Kathy shared their great career and life experiences with GE women employees as well as how to keep work/life balance. About 20 hub members across six businesses attended this event.



Tammy joined GE in 1994 with Information Management Leadership Program (IMLP). During her 15 years in GE, she has been in GE Transportation, Appliance, Plastics, Money and Aviation. And Kathy has just celebrated her 30-year anniversary in GE.

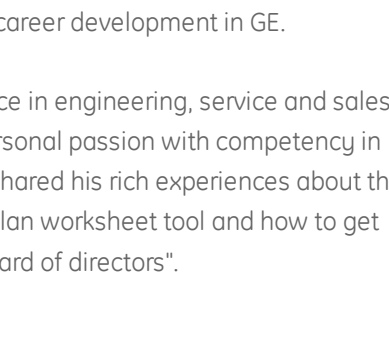


The session started with a discussion about the culture differences between China and the US. Tammy was very much impressed by the terracotta warriors when visiting Xi'an. What's more stroke her was the culture difference in business world. She suggested that everyone be more patient and should build great relationship with each other. Kathy also thought the paces of different countries are different. The US side needs to be adjusted to the pace of China's.

The discussion also touched upon topics such as talent attraction, work/life balance, self-assessment, etc. Tammy was especially interested in challenges that female are facing in career. All the hub members shared their insights and walked out of the room with some meaningful tips for both their lives and career.

Beijing Hub – Women's Day Celebration

For this year's Women's day, Beijing hub held a series of celebration activities. Besides cakes and flowers distributed for all ladies by senior male leaders on March 8 in Healthcare Yizhuang, Transportation Yizhuang, Hanwei and Kerry Center offices, there were also four speeches about children and women's health given by experts invited from famous hospitals.



Roundtable with Company Executive Art Larson

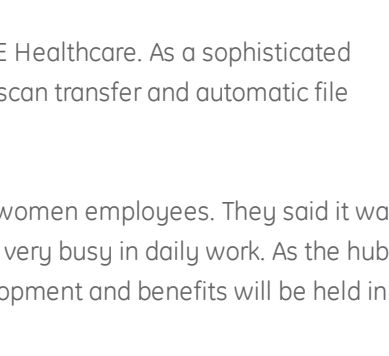


On March 16, Beijing hub invited Art Larson, global post market executive, to hold a roundtable with hub members on career development in GE.

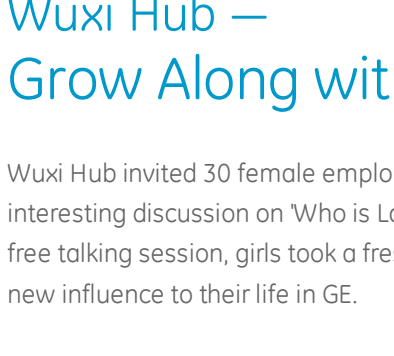
As a 27-year veteran at GE with experience in engineering, service and sales, Art suggested hub members combine personal passion with competency in order to meet the company's needs. He shared his rich experiences about the path to leadership, career development plan worksheet tool and how to get help on career by creating a "personal board of directors".

Chorus Activity

Since May 18, a traditional Chinese musical instrument- the gourd instrument training has been added into regular activities of Beijing hub chorus group. Ladies enjoyed the practice very much!



Zhejiang Hub – Care for Women's Health-Hub Galactophore Check



With the development of the society, more and more women begin to play important roles in the community, but women's health problem also became more severe. As healthy employees are the more important assets of GE, a galactophore check was arranged for more than 100 women employees from GE Energy Hangzhou, GE Hangzhou Whatman-Xinhua Filter Paper Co., Ltd and GE HuangLong office during April 7 to April 13. GE Energy Hangzhou also set the Q1 theme of the hub as "care for women's health", which was also a response to GE's healthAhead program.

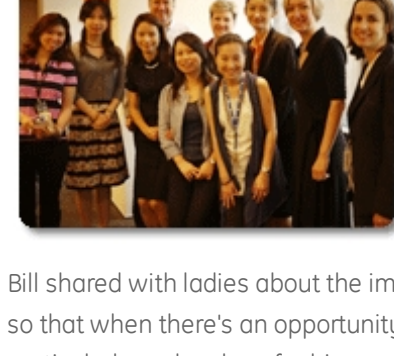
Senographe DS, the equipment used in this physical check was developed by GE Healthcare. As a sophisticated digital and complicated system, which covers the screen examination, network scan transfer and automatic file saving, it can diagnose the breast cancer accurately.

The advanced equipment and considerate services has won great praises from women employees. They said it was a good opportunity for them to know their health conditions since they have been very busy in daily work. As the hub gradually reached maturity, more activities for women employees' career development and benefits will be held in the future.

Wuxi Hub – Grow Along with LALA!

Wuxi Hub invited 30 female employees to enjoy the Xu Jingli film <Go LaLa Go> together, then to initiate an interesting discussion on 'Who is Lala in my eyes', and 'What GE growth values can we tell from Lala's success'. In this free talking session, girls took a fresh perspective to observe their career paths, which brings both positive and brand new influence to their life in GE.

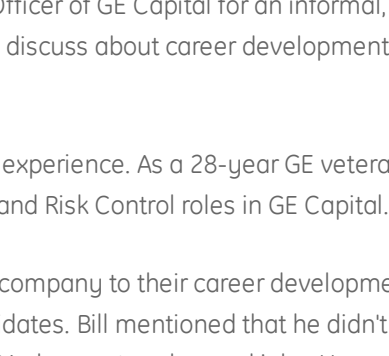
Hong Kong Hub – Business Etiquette for Professional Women with Mary Cheung



On June 10, over 30 ladies from all different GE businesses in Hong Kong including Capital, Healthcare, Corporate, Energy, Aviation and GECAS joined the Business Etiquette Seminar with Mary Cheung, former Miss Hong Kong, Managing Director and Founder of Mary Cheung & Associates (International) Limited.

Ms. Mary Cheung is an experienced speaker in professional image and international social etiquette training and she provided trainings/speeches to various government agencies, universities and corporations. Her clients include UBS, BNP, Citi, HSBC, Credit Suisse, Standard Chartered, McKinsey & Company, Bureau of Shanghai World Expo Coordination, etc. She is currently the founder and MD of Mary Cheung & Associates limited, a winner of Miss HK in 1975, writer, photographer, and an artists. Mary wrote over 20 books and many columns in various newspaper and magazines.

Mary shared with ladies on Professional Image Grooming including head to toe grooming, the proper hairstyle and make-up for professional women, wardrobe planning, dress codes, accessories and postures. She also shared with the ladies on business etiquette including first encounter - handshake & introduction, how to hand out business card, how to communicate via telephone & videoconference, etc. Mary also emphasized on the importance of regular exercise and regular diet - 3 meals everyday and do not skip breakfast.



The session went by quickly before everyone noticed it. The ladies were very interested in the topics of the session and greatly inspired by Mary.

Roundtable with Bill Strittmatter, Chief Risk Officer of GE Capital



On June 11, nine ladies from Women's Network HK Hub sat down together with Bill Strittmatter, GE Officer and Chief Risk Officer of GE Capital for an informal, cozy and interactive roundtable session to discuss about career development in GE and current economic environment.

Bill shared with the ladies his professional experience. As a 28-year GE veteran, Bill has had a succession of Management and Risk Control roles in GE Capital.

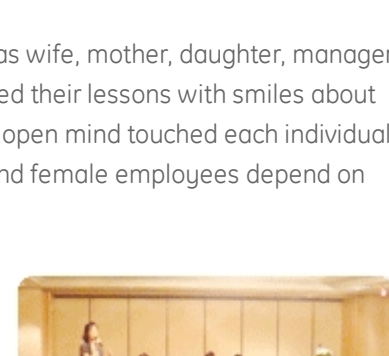
Bill shared with ladies about the importance of visibility and network across the company to their career development so that when there's an opportunity, others will consider you as one of the candidates. Bill mentioned that he didn't particularly make plans for his career. He has stayed in GE while many of his MBA classmates changed jobs. He attributes his success to his diligence and "good visibility".

The ladies discussed with Bill about the recent drastic events in financial services such as the collapse of Lehman Brothers, Greece's fiscal crisis and future of EU. As a Chief Risk Office, Bill emphasizes on portfolio diversification in order to reduce risk.

When asked about work/life balance, Bill mentioned that no matter what happens at work, try not to think about it at home and have a good sleep. He admits that women sometimes have to make a choice between a faster career path climber and a family-focused wife and mother, but with technology development (remote access & other equipment), the company working is a lot more flexible than ever before.

10,000 Steps for Health Contest

HK Hub organized a 10,000 Steps for Health Contest to encourage our ladies to wear pedometers and become more active in 2010. According to British Heart Foundation's report about walking 10,000 steps a day can give you a more healthy heart and reduce body fat.



After 10 weeks, of competition, here come our three winners: Fanny Leung, Yvonne Chan from GE HealthCare and Catharine Midkiff from Capital, who were consistently using pedometer and pursued an active lifestyle. "I enjoy going hiking in the countryside parks during weekends, enjoy the fresh air and green environment", said Fanny. In order to increase the steps/exercises, Yvonne did not go to the nearest MTR station everyday but walked to the next stop. Catharine invested in a high-tech pedometer, which can be worn on neck and memorize the accurate readings for weeks.

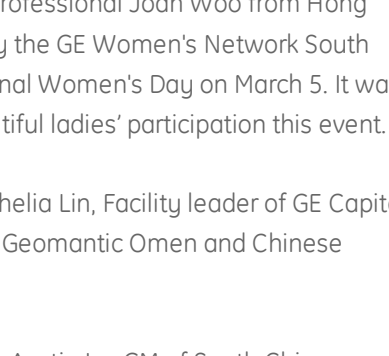
Taiwan Hub – Exercise for Health-Sports day



On April 15, GE Women's Network Taiwan hub had a "Sports Day" event, which was in alignment with the theme this year - HealthAhead. The organizers wish to remind each employee the importance of work/life balance through this workout.

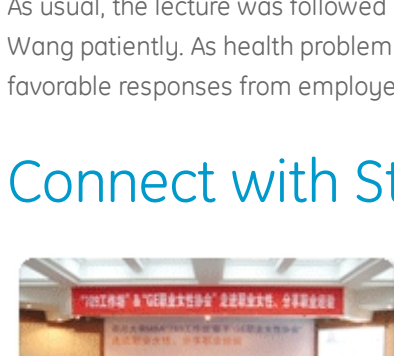
We were honored to invite two Taiwan business leaders, Dicky Wong of Healthcare and Bragg Chung of Energy to join this event. Over 30 ladies from various GE businesses in Taiwan attended this exercise. In addition to this sport, we also successfully provided a total of 140 opportunities/coupons to encourage everyone to develop sport as a lifelong hobby and nurture a healthy lifestyle.

During the two-hour event, there were three different courses- Aerobics, Yoga and Gym workout for everyone to choose. During the Yoga course, the professional instructor helped everyone set mind at ease and regulate the breath to relieve stress; while in Aerobics we strengthened our body, muscles and there were still a lot of fitness equipment waiting for the participants in the gym if they still have energy after those courses.



We were very pleased to see everyone sweating and enjoy the exercise. It was a great chance for everyone to be a part of the HealthAhead initiatives!

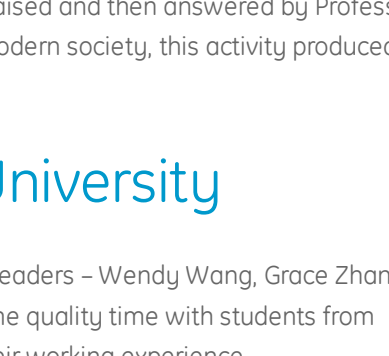
MyConnection-Working Women in Different Roles



How to appropriately play different roles as working women is very important topic. It was a pleasure to invite four members of myConnection in Taiwan to hold a panel discussion session with GE women employees. They were four senior female leaders, Irene Chen from Corp HR, Linda Yen from Healthcare HR, Stacy Huang from Healthcare Sales and Anita Lee from Capital Asset management.

The panelist shared their personal stories as wife, mother, daughter, manager and colleague. Despite of the challenges and difficulties, each one of them shared their lessons with smiles about how to keep positive attitude of life and continue the journey of discovery. Their open mind touched each individual's heart and triggered more sharing and experience exchanges. In the end, we found female employees depend on each other's support in life and work.

During the session, a group discussion provided an opportunity for all participants to know more about their colleagues across business and shared each other's good ideas of reducing depression at work and in their lives.



40 ladies were very attentive to the interested in topics during the three-hour session. All participants felt that it was a very important experience to communicate with senior female leaders to gain the wisdom of work and life!

South China Hub– Be Pretty, Be Lucky



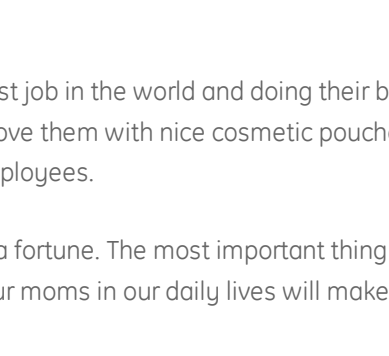
"What color should I wear?"... "How can I reduce my wrinkles?"... These were the questions brought up to the Beauty Care professional Joan Woo from Hong Kong, as a special guest speaker invited by the GE Women's Network South China Hub for the celebration of International Women's Day on March 5. It was a great honor to have more than 50 GE beautiful ladies' participation this event.

Apart from the beauty coaching session, Shelia Lin, Facility Leader of GE Capital Real Estate, shared with us the wisdom of Geomantic Omen and Chinese traditional horoscope "dos and don'ts" in the year of tiger.

Finally, the event was wrapped up with cosmetic gifts packages to all the ladies. Austin Lu, GM of South China presented a big bunch of flowers to the women colleagues in Guangzhou. As Austin puts it "Now I realize how hard a woman is after I saw my wife giving birth to my daughter", may all the GE ladies be pretty, be lucky!

Southwest Hub– Dental Healthcare Lecture

On March 31, GE Women's Network Southwest Hub invited professor Wang Zhi from Dental Hospital of West China Medical School to deliver a professional lecture on dental healthcare.



Professor Wang taught the hub members how to keep their teeth in good condition through the whole life in detail. As interesting and informative as it was, the lecture was extended to two hours.

As usual, the lecture was followed by a hot discussion. A lot of questions were raised and then answered by Professor Wang patiently. As health problem has become one of the main issues in the modern society, this activity produced favorable responses from employees.

Connect with Students in Sichuan University

In the evening of May 21, six women hub leaders - Wendy Wang, Grace Zhang, Liu Qin, Shi Na and Karen Wang spent some quality time with students from Sichuan University MBA center to share their working experience.

In the beginning of the activity, Karen Wang made a brief introduction of GE, and Wendy Wang, Southwest Hub leader also made a speech to introduce the Women's Network in GE. All women leaders shared their precious working experience one by one, and provided many useful suggestions as well.

Director Yan of Sichuan University MBA center hoped that the two parties would have more chances to communicate and cooperate in the future.

Northeast Hub– Career Management Session-to be A Successful Woman in GE

On April 30, more than 30 Ladies from GE Women's Network Northeast Hub attended a career management session, aiming to coach female employees on how to develop their career in GE and balance their work and life successfully.

In line with the kick-off speech delivered by Northeast Hub Leader Linda Zou, Jessie Cui first presented career navigation skills and introduced some useful tools in GE.

In an interactive roundtable session, the hub also invited Olivier Fontan, GSCM Asia Manufacturing GM and James Yang, Northeast region GM to share their experiences and exchange their views on how to be a successful woman in GE. Olivier and James thought that compliance, expertise and passion were the key factors that belong to successful women. Olivier also encouraged all the female employees to make best use of their own advantages and strengths, and try to make themselves stronger in order to create a successful career in GE.

The ladies were very attentive to all the interesting topics during the attractive session, and they all felt that was a very precious experience to have a face-to-face communication with such senior leaders.

After the session, the hub prepared a healthy light lunch for the ladies and they enjoyed making their own healthy and yummy sandwiches by selecting through the low-fat ham, turkey, cheese, vegetables, etc. We are sure we had lower calorie intake than outtake in this event.

Keep up the good work, GE Ladies!

Mother's Day Celebration-Show Love to Our Mothers

Your mother has been standing by you. On the first time you had heartbreak, to you skinned your knee as a little girl, she was always there with a hug and a smile. She's also been there for you to celebrate the joys and all the small accomplishments in your life.

Mother's Day is the day we say thank you to our moms for embracing the hardest job in the world and doing their best for it every day. And in this Mother's Day, we showed our moms how much we love them with nice cosmetic pouches which GE Women's Network Northeast Hub carefully selected for GE female employees.

Of course, Mother's Day isn't just about the gifts and the gifts don't have to cost a fortune. The most important thing is to make our moms feel treasured and loved. Maybe spending more time with our moms in our daily lives will make them feel more gratified and pleased.



Wendy Wang


Sourcing Manager (NPI Leader), Aviation China

Wendy Wang is sourcing manager for GE Aviation China. In her role, she is responsible for China Aviation new supplier development, new part introduction (NPI) and raw material localization to support Aviation sourcing business' growth across forging, casting, C-parts, gears and all relevant CoE components in China.

Wendy started her GE career with GE Aviation sourcing in 2002 as a product quality engineer for supplier quality management and components quality control. She then moved to program manager role with increased responsibilities for multiple supplier development. She has been managing Aviation's supplier


growth in China and successfully launched multiple NPI projects.

Wendy received her Master degree in Material Science and Technology at Northwest Polytechnic University. Wendy and her husband have one daughter, and she enjoys spending time with her family and traveling.

 **Q1: As a successful woman business leader, do you have any advice for other female professionals on how to be prepared for a leadership role?**


A: My advice will be:

1. Build up important traits and skills like: credibility, strong desire to succeed, goal oriented, patience, caring, helpful attitude toward others, good team work, ability to recognize and praise others, strategic planner, customer understanding and appreciation, good communication skills, sense of responsibility and willing to do more, ability to recognize the need for change and identify the resources necessary to make the change, clear thinking, etc.
2. In order to build the above traits, try to find a successful leader as your mentor, practice the role of leadership daily and volunteer for new tasks.
3. Recognize opportunities to step up and do your best to establish your leadership skill.

 **Q2: What is your role within GE Women's Network China? What's your vision for this role and how would that benefit WN members?**


A: I am a hub leader of the southwest region. There are more than 50 women employees in our hub, and my vision for this role is to support business to attract, develop and retain excellent female employees in this region, identify opportunities for them to improve their skills and knowledge in commercial and technology field through a variety of WN activity.

Women employee in the southwest region have been benefiting from our work and through WN activities. We share career development and leadership skill tips, work/ life balance experience, share how to educate children better, how to keep good health, how to release working pressure, etc. And we are going to set up mentee and mentor program.

 **Q3: Are there any specific challenges for women who are working in the sourcing area? Do you have any advice for them?**

A: Most of GE sourcing team are working on supplier basis. How to work with supplier leadership team and employees smartly,

figure out the real situation behind their words, struggle for more resource from supplier, good team work with US side and GE China quality/engineer team, many conference calls in evening time..., are all our challenges. My advice is to go to the workplaces to see what is going on, better communicate with the US and China team. Review program progress with supplier's leadership timely. Take the leadership role to drive the program.

 **Q4: As a team leader who is based in Chengdu, do you have any career tips for those who are working in so-called "tier 2 and tier 3 cities"?**


A: Frankly speaking, there are not as many opportunities in tier 2 and 3 cities as those in Beijing and Shanghai at present, however, we all know that GE's strategy is to boost business in these cities, so the opportunity will get more and more.

My experiences are:

1. Sense of responsibilities and passion, keep working well in you current position.
2. Gain exposure to the entire GE's businesses in local area.
3. More communication with your leaders and colleagues.
4. Recognize opportunities to step up if you are ready.

 **Q5: Taking great responsibilities both at work and at home, how have you maintained your work/life balance?**

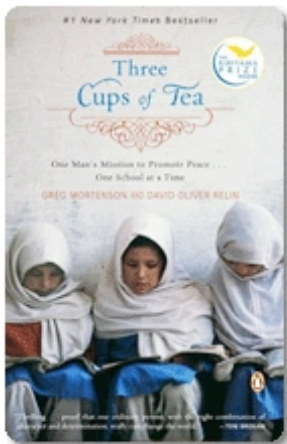
A: I have to say that it is not easy to balance the work and life as a woman leader. I think the most important thing is you should understand what is important in your life. The things are changeable in different periods. You may have to lose some opportunities when work and life conflicts, however, you can also get hold of opportunities while you are ready. So work effectively in working days, take time off with child and family, enjoy time with family in the weekends.

 **Q6: Can you share with us something interesting about yourself that most of us don't know?**

A: I love watching movie in cinema and swimming. And I love Saturday because I talk with my daughter, who is in Toronto University Canada by Skype video each Saturday.



Three Cups of Tea: One Man's Mission to Promote Peace . . . One School at a Time



"Proof that one ordinary person, with the right combination of character and determination, really can CHANGE THE WORLD..."

This is an as-told-to biography of American Greg Mortenson, who has devoted his life to building schools in the remotest mountains of Pakistan. After a failed attempt to scale the earth's second highest peak, K2, he stumbles into an isolated mountain village, where he resolves to repay the generosity of the village leader and his people by building them a school.

Mortenson's struggle to fulfill that promise and then committing himself to fund raising and building many more schools, for both boys and girls in this Muslim country, is the central subject of this long, well detailed book.

While critics agree that *Three Cups of Tea* should be read for its inspirational value rather than for its literary merit, the book's central theme, derived from a Baltistan proverb, rings loud and clear. "The first time you share tea with a Balti, you are a stranger," a villager tells Greg Mortenson. "The second time, you are an honored guest. The third time you become family." An inspirational story of one man's efforts to address poverty, educate girls, and overcome cultural divides, *Three Cups*, which won the 2007 Kiriyaama Prize for nonfiction, reveals the enormous obstacles inherent in becoming such "family." After all, a story as dramatic and satisfying as this should tell itself.

The book is a real field of dreams comes into being, and it is a quiet rebuff to those who seek change and order in the world's trouble spots through shock-and-awe military might. Recommended for readers who enjoy heartfelt and inspiring stories of unusual achievement by heroically generous individuals.